



Republic of the Philippines
QUEZON CITY COUNCIL
Quezon City
23rd City Council

PR23CC-666

66th Regular Session

RESOLUTION NO. SP- **10715**, S-2026

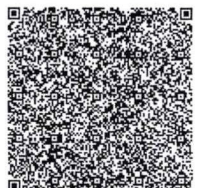
A RESOLUTION ENCOURAGING THE ESTABLISHMENT AND PROMOTION OF SUGGESTED RUNNING AND JOGGING ROUTES IN THE DISTRICTS OF QUEZON CITY TO PROMOTE ACTIVE LIFESTYLES, COMMUNITY WELLNESS, AND URBAN TOURISM

Introduced by Councilors DOROTHY A. DELARMENTE, M.D., TANY JOE "TJ" L. CALALAY, ATTY. VICENTE BELMONTE JR., AIKO MELENDEZ, CANDY A. MEDINA and JOSE MARIA "Mari" M. RODRIGUEZ

Co-Introduced by Councilors Bernard R. Herrera, Joseph P. Juico, Charm Ferrer, CPA, MPA, JD, Nicole "Nikki" V. Crisologo, Atty. Voltaire Godofredo "Bong" Liban III, Aly Medalla, Ranulfo "Tatay Rannie" Z. Ludovica, Geleen "Dok G" Lumbad, Atty. Christoffer Allan "Tope" Liguigan, Albert Alvin "Chuckie" L. Antonio III, Wencerom Benedict C. Lagumbay, Luigi D. Pumaren, Edgar "Egay" G. Yap, Nanette Castelo Daza, Imee Rillo, Atty. Jesus Miguel Suntay, Raquel S. Malañgen, Joseph Joe Visaya, Alfred Vargas, MPA, Karl Edgar Castelo, Shaira "Shay" L. Liban, Ram V. Medalla, Maria Eleanor "Doc Ellie" R. Juan, O.D., Emmanuel Banjo A. Pilar, Kristine Alexia Matias, RN, Victor "Vic" D. Bernardo, Vito Sotto Generoso, Erwin Rey "Cocoy" A. Medina, and Jhon Angelli "Sami" C. Neri

WHEREAS, the Quezon City Government continues to promote programs that support healthy lifestyles, active mobility, and accessible public spaces for residents and visitors;

WHEREAS, running and jogging have become popular recreational and wellness activities that contribute to improved public health, mental well-being, and community engagement;



WHEREAS, Quezon City is home to numerous parks, wide avenues, universities, and scenic urban areas such as Quezon Memorial Circle, the University of the Philippines Diliman campus, Katipunan Avenue, Cubao, Tomas Morato, and other areas suitable for running and jogging activities;

WHEREAS, identifying and promoting suggested running routes across the districts of Quezon City can help residents and visitors explore the City's parks, cultural landmarks, and food districts while encouraging healthy physical activity;

WHEREAS, organized running routes may also support tourism by encouraging visitors to discover neighborhoods, parks, heritage sites, and commercial districts while engaging in recreational activities;

WHEREAS, the Quezon City Tourism Department, together with relevant City Departments and community partners, is well positioned to promote wellness tourism and recreational activities that highlight the City's attractions.

NOW, THEREFORE,

BE IT RESOLVED BY THE CITY COUNCIL OF QUEZON CITY IN REGULAR SESSION ASSEMBLED, to encourage, as it does hereby encourage, the establishment and promotion of suggested running and jogging routes in the districts of Quezon City to promote active lifestyles, community wellness, and urban tourism.

RESOLVED FURTHER, that the Quezon City Tourism Department is encouraged to prepare informational materials, maps, and digital guides that feature recommended running routes and nearby tourism destinations, food establishments, and public spaces within the City.

RESOLVED FURTHERMORE, that concerned City Departments may support the initiative by coordinating improvements in pedestrian infrastructure, safety features, route signage, and access to parks and public spaces that will enhance the experience of runners and visitors.

RESOLVED FURTHERMORE, that barangays are encouraged to assist in identifying safe and accessible running routes within their communities and help maintain cleanliness, safety, and order in areas frequented by runners and joggers.

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RESOLVED FURTHERMORE, that the Sangguniang Kabataan (SK) and youth organizations are encouraged to promote youth participation in running activities, organize community fun runs, and assist in promoting healthy lifestyles among young QCitizens.

RESOLVED FURTHERMORE, that non-governmental organizations, running clubs, and community organizations may partner with the Quezon City Government in organizing running events, community wellness programs, and recreational tourism activities.

RESOLVED FINALLY, that private sector partners, businesses, cafés, and establishments located along identified running routes are encouraged to support the initiative by providing runner-friendly facilities such as rest areas, hydration stations, and partnerships that promote Quezon City as a destination for wellness and recreational tourism.

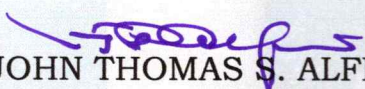
ADOPTED: September 10, 2026.

CERTIFICATION

This is to certify that this Resolution was ADOPTED by the City Council on Second Reading on September 10, 2026 and was CONFIRMED on September 21, 2026.


GIAN G. SOTTO
City Vice Mayor
Presiding Officer

ATTESTED:


ATTY. JOHN THOMAS S. ALFEROS, III
City Government Department Head III
(Secretary to the Sanggunian)

